

ROCHESTER | WELLFEST

Healthy Living at its Best

Wed., October 6th
11:00 am - 5:30 pm

at the Rochester Riverside
Convention Center

Rochester's Largest and
Most Comprehensive Employee
Healthy Living Exposition

ATTENDEES WILL ENJOY...

FREE Health Screenings

Healthy Living Experts

Healthy Cooking & Tastings

Nutrition Planners

Fitness Demonstrations

PRIZES & MUCH MORE!



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Maggie Brooks
County Executive



Visit www.ROCHESTERWELLFEST.com for event information